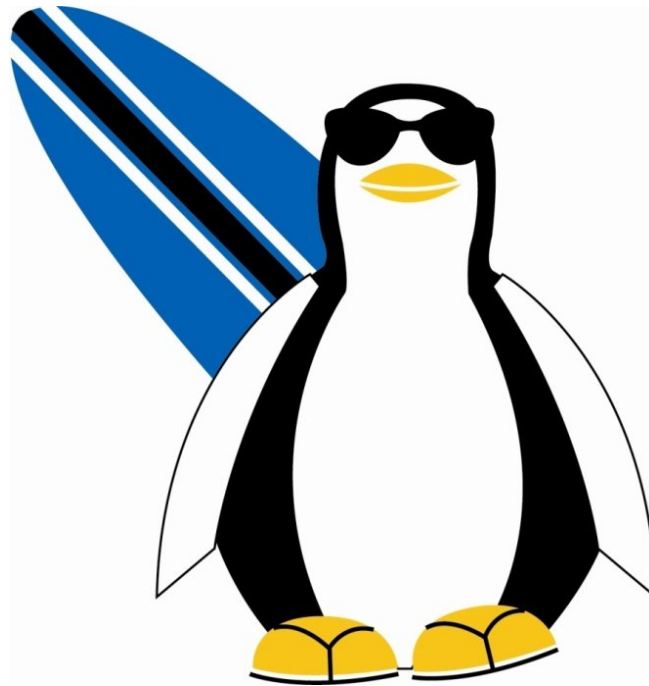


Seashore Middle Academy

Athletics Handbook



2010-2011

Seashore Middle Academy
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Athletics Mission

Seashore Middle Academy athletics mission is to encourage more specific sport skills while participating in activities that will promote learning, teamwork, and self-esteem. Through these encounters, students will develop character skills, discipline, and confidence. SMA will recognize and nurture the individual interests and abilities of students to develop a life long appreciation for an active lifestyle and the benefits of physical activity for the mind and body.

Athletic Guidelines

Pre-participation

Each student participating in an athletics sport for Seashore Middle Academy will need to have completed before any practice, scrimmage, or game:

1. Pre-participation physical evaluation – Medical History
2. Pre-participation Physical Evaluation – Physical Examination
3. Emergency Contact Sheet
4. Student/Parent/ Athlete Contract

Each physical examination will be completed annually and is valid for one year.

Participation

I. Eligibility

Each student participating in an athletic sport will be held to the eligibility guidelines set forth by U.I.L. (University Interscholastic League):

BASICS OF NO PASS, NO PLAY

- **Must be passing all courses** with a 70 average.
- Students lose eligibility for a three-week period, which is defined as 15 class days. Exception: one but only one of the three school weeks may consist of only three or four class days, provided the school has been dismissed for a scheduled holiday period. Two class days does not constitute a school week. Exception: Thanksgiving if schools are on holiday Wednesday, Thursday and Friday.
- School week begins at 12:01 a.m. on the first instructional day of the calendar week and ends at the close of instruction on the last instructional day of the calendar week (excluding holidays).
- Ineligible students must wait seven (7) calendar days after a three-week evaluation period and the grading period to regain eligibility.
- Students may regain eligibility an unlimited number of times throughout the school year. Passing means a minimum grade of 70 on all courses.
- **Note: Spring break can't be part of the 3-week evaluation process.** All students are eligible during spring break.

Reference: http://www.uil.utexas.edu/academics/coordinator_tips/eligibility_basics.html

II. Practice

Each student participating in athletics will be required to participate in the scheduled practice sessions. Practices will be scheduled during the week and potentially on the weekend if more court time is needed. If a student has a medical appointment that would result in missing practice, then, the athlete must inform the coach and have approval to miss the practice. If a practice is missed, this will result in less playing time during the next scheduled competition.

Practice clothing needs to be athletic clothes. Shorts need to be more than a 3" inseam and t-shirts are allowed, no tank tops.

III. Competitions

Scrimmages, games, and tournaments are scheduled during the week - early evenings and on some weekends. Students are required to participate in these activities.

Students must be present all day to participate in that day's activities. Further, if they are absent on Friday and there is a tournament, the student will not be able to participate on Saturday. Extenuating circumstances will need to be discussed with the coach prior to game time.

IV. Travel to Scrimmages, games, and tournaments

Athletes will travel to scrimmages, games, and tournaments with their teammates from school unless there is an understanding and agreement between athlete's guardian and teacher to meet at destination. Generally, teams will arrive at least thirty minutes prior to the game for warm-up and stretching. The travel to activities will be provided by parent volunteers and/or staff of SMA. If a student is meeting the team at the game location, the student is required to be there thirty minutes prior. When a transportation issue arises, parents of the athlete must contact the coach immediately and be responsible for the travel of their child.

Tournaments – Times will vary so plan for the whole day of activity beginning early in the morning and ending times vary so please do not schedule other activities on that day. Students are not allowed to leave during tournament play unless the student has completed all games. Parents must sign out student with the coach establishing that Seashore Middle Academy is no longer responsible.

V. Uniforms

Students will be assigned a uniform for sports activities. Issued uniforms are to be laundered after each use, brought to every game (both jerseys), and are to be returned in the same condition as issued. Athletes will have the following week after the season's conclusion to return issued uniform in its entirety. Failure of returning uniform will result in the payment of the uniform. Further, any uniform damaged will be replaced at the cost of the uniform.

Some extracurricular activities may need specialized sport related equipment such as volleyball (knee pads), tennis (shirt and shorts/skirt), or soccer (shin guards, socks, and cleats). These items will be expected to be purchased by the student athlete.

VI. Conduct

Students of Seashore Middle Academy are expected to be respectful to other students, staff, parents, and volunteers. A student involved in extra-curricular activities is held to a higher standard of conduct than the general student body. SMA views participation in these activities as a privilege, not a right. During all extracurricular endeavors such as practice, games, and tournaments, students are to maintain this level of respect and follow the student handbook's Code of Conduct. Any inappropriate conduct will be dealt with by the coach and if needed, the principal. Results of discipline will vary depending on offense – extra practice, benched for a game, or potential, dismissal from team.

Parental conduct is an essential element of extra-curricular activities. SMA encourages parents to be supportive of the student, team, and coaches. Parents are encouraged to promote good time management skills in getting students to and from practice. At a competition, parents need to provide a positive atmosphere for student athletes. If parents should need to speak to the coaching staff, please contact the coach for an appointment.